

Spider Vein Treatment

For your safety and in order to obtain optimum results, the instructions below should be followed

- What to Expect After Spider Vein Treatment:
 - o Post-laser: A mild sunburn-like sensation is expected. This usually lasts a few hours, but can last up to 72 hours.
 - o Redness, swelling and bruising may occur in the area of the vessels. These symptoms usually subside in a few to several hours. Bruising typically resolves within one week.
 - o A cool compress placed on the area provides comfort.
 - o Vessels may disappear, darken, lighten or appear unchanged but fade over time.
 - o Makeup and most skincare may be resumed immediately after the treatment.
 - Avoid any exfoliant creams or cleansers for 1-2 weeks
 - Avoid retinol or glycolic/salicylic acid for 1-2 weeks
 - Avoid shaving until sensitivity has completely subsided.
 - o Limited activity is advised for 48 hours, as well as no hot tub, steam or sauna use.
 - o For leg veins, compressions stockings should be worn for two weeks for 6 hours a day to achieve best results. Elevate the legs when sitting or lying.
 - Compression stockings should be 15-20 mmHg and can be purchased online or locally at Medi-Stop or Komoto Pharmacy.
 - o Sunscreen (minimum SPF 30) should be used daily. We offer safe, post-laser sunscreen. Ask the staff!
 - o If the skin is broken or a blister appears, apply an antibiotic ointment and contact the office immediately. Keep the affected area moist and avoid direct sunlight.
 - o Subsequent treatments are based upon your clinician's recommendation and are typically between 6 to 8 weeks apart. 3 - 5 treatments may be required.