

Photofacial – BBL™ BroadBand Light

For your safety and in order to obtain optimum results, the instructions below should be followed

- How to Prepare for your Photofacial Treatment:
 - o ABSOLUTELY avoid any sunburn or suntan for at least 2 weeks prior to laser treatments. Treatment of tanned skin can increase the risk of blistering and/or permanent skin discoloration. PROLONGED SUN EXPOSURE IS TO BE AVOIDED FOR 2 WEEKS BEFORE AND AFTER TREATMENTS.
 - o Do not use any self-tanning lotions or spray tanning in the month prior to treatment.
 - o Stop using retinol for one week prior to treatment, Accutane for two weeks prior.
- What to Expect After Your Photofacial:
 - o A mild sunburn-like sensation is expected. This usually lasts a few hours, but can last up to 72 hours. Mild swelling and/or redness may accompany this, which usually resolves in 2-3 days. Applying an ice pack for the first 24 hours will help to minimize swelling.
 - o Freckles and sunspots may turn darker initially and then flake off within 7-14 days. This is a desired and normal reaction.
 - o Makeup and most skincare may be resumed immediately after the treatment.
 - Avoid any exfoliant creams or cleansers for 1-2 weeks
 - Avoid retinol or glycolic/salicylic acid for 1-2 weeks
 - o Sunscreen (minimum SPF 30) should be used daily. We offer safe, post-laser sunscreen. Ask the staff!
 - o If the skin is broken or a blister appears, apply an antibiotic ointment and contact the office immediately. Keep the affected area moist and avoid direct sunlight.

Subsequent treatments are based upon your clinician's recommendation and are typically between 2 to 4 weeks apart. Maintenance treatments are recommended every 3 to 6 months.