

Photofacial – BBL™ BroadBand Light

For your safety and in order to obtain optimum results, the instructions below should be followed

- How to Prepare for your Photofacial Treatment:
 - **ABSOLUTELY** avoid any sunburn or suntan for at least 2 weeks prior to laser treatments. Treatment of tanned skin can increase the risk of blistering and/or permanent skin discoloration. **PROLONGED SUN EXPOSURE IS TO BE AVOIDED FOR 2 WEEKS BEFORE AND AFTER TREATMENTS.**
 - Do not use any self-tanning lotions or spray tanning in the month prior to treatment.
 - Stop using Retin-A for one week prior to treatment, Accutane for two weeks prior.
- What to Expect After Your Photofacial:
 - A mild sunburn-like sensation is expected. This usually lasts a few hours, but can last up to 72 hours. Mild swelling and/or redness may accompany this, which usually resolved in 2-3 days. Applying an ice pack for the first 24 hours will help to minimize swelling.
 - EltaMD Laser Enzyme Gel may be applied to reduce sensitivity and aid the healing process.
 - Freckles and sunspots may turn darker initially and then flake off within 7-14 days. This is a desired and normal reaction.
 - Makeup and most skincare may be resumed immediately after the treatment.
 - ☒ Avoid any exfoliant creams or cleansers for 1-2 weeks
 - ☒ Avoid Retin-A or glycolic/salicylic acid for 1-2 weeks
 - Sunscreen (minimum SPF 30) should be used daily. We offer safe, post-laser sunscreen. Ask the staff!
 - If the skin is broken or a blister appears, apply an antibiotic ointment and **contact** the office immediately. Keep the affected area moist and avoid direct sunlight.

Subsequent treatments are based upon your clinician's recommendation and are typically between 2 to 4 weeks apart. Maintenance treatments are recommended every 3 to 6 months.